Over 75 Years of Excellence In Patient Care

BREACH CANDY
HOSPITAL TRUST

EXECUTIVE HEALTH CHECK PROGRAMMES

COMPREHENSIVE PREVENTITIVE HEALTH ASSESSMENTS

EXCELLENCE IN HEALTHCARE

DELUXE PACKAGES

DELUXE PLAN
MEN

₹43,000

DIAGNOSTICS

- CT Coronary Angio
- ECG
- Chest X-Ray
- USG of Abdomen & Pelvis
- 2D Echo
- Lung Function Test

LABORATORY

- CBC
- ESR
- Lipid Profile
- Liver Profile
- Kidney Profile
- Vit B12
- Vit D3
- T3, T4, TSH
- HbA1c
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- Routine Urine & Stool
- HbsAg - Hepatitis B
- Surface Antigen
- Male Cancer Markers - (AFP, HCG, CEA, CA 19-9)
- PSA
- ApoB/ApoA1
- Lipoprotein(a) LP(a)
- Serum Magnesium

SPECIALIST CONSULTATIONS

- Dental Check up
- ENT Specialist Consultation
- Audiometry Test
- Ophthalmology Consultation & Examination
- Physical Examination

DELUXE PLAN
WOMEN

₹45,000

DIAGNOSTICS

- CT Coronary Angio
- ECG
- Chest X-Ray
- USG of Abdomen & Pelvis
- 2D Echo
- Lung Function Test
- Mammography | Breast Sonography
- Bone Density Scan
- Pap Smear

LABORATORY

- CBC
- ESR
- Lipid Profile
- Liver Profile
- Kidney Profile
- Vit B12
- Vit D3
- T3, T4, TSH
- HbA1c
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- Routine Urine & Stool
- HbsAg - Hepatitis B
- Surface Antigen
- Female Cancer Markers - (AFP, Beta HCG, CEA, CA 19-9, CA 125, CA 15.3)
- ApoB/ApoA1
- Lipoprotein(a) LP(a)
- Serum Magnesium

SPECIALIST CONSULTATIONS

- Dental Check up
- ENT Specialist Consultation
- Audiometry Test
- Ophthalmology Consultation & Examination
- Physical Examination
- Gynaecologist Consultation

COMPREHENSIVE PREVENTIVE PERSONALISED

EXCELLENCE IN HEALTHCARE

EXECUTIVE PACKAGES

PLAN A
MEN

₹23,000 | ₹24,800

DIAGNOSTICS

- ECG
- 2D Echo / Stress Test
- Chest X-Ray
- Ultrasound - Abdomen & Pelvis
- Lung Function Test

LABORATORY

- CBC
- ESR
- Lipid Profile
- Liver Profile
- Kidney Profile
- Vit B12
- Vit D3
- T3, T4, TSH
- HbA1c
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- Routine Urine & Stool
- HbsAg - Hepatitis B Surface Antigen
- Serum Magnesium

SPECIALIST CONSULTATIONS

- Dental Check up
- ENT Specialist Consultation
- Audiometry Test
- Ophthalmology Consultation & Examination
- Physical Examination

PLAN A+
WOMEN

30,000 | 31,800

DIAGNOSTICS

- ECG
- 2D Echo / Stress Test
- Chest X-Ray
- Ultrasound - Abdomen & Pelvis
- Lung Function Test
- Mammography | Breast Sonography
- DEXA Bone Density Scan
- Pap Smear

LABORATORY

- CBC
- ESR
- Lipid Profile
- Liver Profile
- Kidney Profile
- Vit B12
- Vit D3
- T3, T4, TSH
- HbA1c
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- Routine Urine & Stool
- HbsAg - Hepatitis B Surface Antigen
- Serum Magnesium

SPECIALIST CONSULTATIONS

- Dental Check up
- ENT Specialist Consultation
- Audiometry Test
- Ophthalmology Consultation & Examination
- Physical Examination
- Gynaecologist Consultation

COMPREHENSIVE PREVENTIVE PERSONALISED

EXCELLENCE IN HEALTHCARE

GENERAL HEALTH PACKAGES

Comprehensive care for every stage

YOUNG ADULT
PACKAGE

₹12,500

- Physical Examination | Consultation
- CBC
- ESR
- Blood Sugar (Fasting)
- Blood Group
- Vitamin D
- Vitamin B12
- T3, T4, T5H
- S. Calcium
- SGOT / SGPT
- S. Creatinine
- S. Cholesterol
- Triglycerides
- Routine Urine
- Routine Stool

- ECG
- Chest X-Ray
- Stress Test
- USG of Abdomen & Pelvis
- Dental Consultation

DOMESTIC HEALTH
PACKAGE

₹4,500

- Physical Examination | Consultation
- CBC
- ESR
- HIV | HCV | HbsAg
- Blood Sugar (Random)
- Chest X-Ray
- Routine Urine
- Routine Stool

COMPREHENSIVE PREVENTIVE PERSONALISED

EXCELLENCE IN HEALTHCARE

SPECIALIST PACKAGES

Essential health evaluations for every stage of life.

PRE-EMPLOYMENT PACKAGE

₹5,000

- Physical Examination
- ECG
- Chest X-Ray
- CBC
- ESR
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- HbA1c
- S. Urea
- S. Creatinine
- S. Cholesterol
- Routine Urine
- Routine Stool

PRE-OPERATIVE PACKAGE

₹10,000

- CBC
- ESR
- HIV | HbsAg | HCV
- HbA1c
- Fasting & Post Prandial Blood Sugar
- Serum Creatinine
- BUN
- PT-PTT
- Serum Electrolytes
- SGOT | SGPT
- Blood Group & Rh Factor
- ECG
- Chest X-Ray
- 2D Echo

COMPREHENSIVE PREVENTIVE PERSONALISED

EXCELLENCE IN HEALTHCARE

WOMEN'S HEALTH PACKAGES

Essential health checks for women.

WELL WOMEN'S
PACKAGE

₹10,000

- Physical Examination | Consultation
- Ultrasound Abdomen & Pelvis
- Mammography | Breast Sonography
- Dexa Bone Density Scan
- Gynaecological Consult & Pap Smear

PLAN A+ BASIC
PACKAGE

₹23,000 | ₹24,800

- ECG
- 2D Echo / Stress Test
- Chest X-Ray
- Ultrasound - Abdomen & Pelvis
- Lung Function Test
- Pap Smear
- CBC | ESR
- Lipid Profile
- Liver Profile
- Kidney Profile
- Vit B12 | Vit D3
- T3, T4, TSH
- HbA1c
- Blood Group
- Blood Sugar (Fasting & Post Prandial)
- Routine Urine & Stool
- HbsAg - Hepatitis B Surface Antigen
- Serum Magnesium
- Dental Check up
- ENT Specialist Consultation
- Audiometry Test
- Ophthalmology Consultation & Examination
- Physical Examination
- Gynaecologist Consultation

COMPREHENSIVE PREVENTIVE PERSONALISED

EXCELLENCE IN HEALTHCARE

HEALTH CHECK GUIDELINES

APPOINTMENTS

- Appointments can be booked in person, by telephone, via WhatsApp or email.
- Kindly schedule your appointment at least one day in advance.
- Call: 6259 7984 / 7985 | WhatsApp: 9820998909
- Timings: Monday to Friday: 8:00 a.m. – 4:00 p.m. | Saturday: 8:00 a.m. – 12:00 p.m.

BEFORE YOUR HEALTH CHECK

- A minimum fasting period of 12 hours is mandatory before your appointment.
- Water is permitted during the fasting period.
- Please avoid consuming alcohol for at least 12 hours before your health check.
- If there is any possibility of pregnancy, please inform us in advance.
- Female patients are requested not to schedule a Pap Smear during menstruation.
- Male patients undergoing a Stress Test are advised to have their chest hair shaved, if required.
- Please collect urine and stool sample containers from the Health Check-Up Department (or your local chemist) prior to your appointment, if applicable.

WHAT TO BRING

- Previous medical records, investigation reports, prescriptions, and imaging films/CDs (if available).
- Any medical aids you regularly use, such as spectacles, hearing aids, or dentures.
- Comfortable clothing and easily removable footwear.
- Avoid wearing excessive jewellery or valuables.

ON THE DAY OF YOUR VISIT

- Please report to the Health Check-Up Department by 8:30 a.m.
- The complete health check-up usually takes 5–8 hours, depending on the selected package and any additional investigations.
- Sports shoes are available for the Stress Test, however, you may bring your own pair for added comfort.
- Additional investigations or specialist consultations requested during your visit will be charged separately and are not included in the package price.

MEDICATIONS

- Diabetic patients should not take insulin or oral anti-diabetic medication before arriving unless specifically advised by their treating physician. These medications may be taken after breakfast provided during the check-up.
- All other regular medications prescribed by your doctor may be taken as usual, unless you have been advised otherwise.

AFTER YOUR HEALTH CHECK

- Reports will be ready after 2 working days. A review consultation with the physician can be scheduled by appointment at that time, if required.

BREACH CANDY
HOSPITAL TRUST

EXECUTIVE HEALTH CHECK DEPARTMENT

LANDLINE

6259 7984 / 7985

WHATSAPP

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EXCELLENCE IN HEALTHCARE